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Adventure Guidebook

If you've never experienced [Safari Holidays before](#), you should really have a read through this piece as you may [benefit from some of the information at hand to prepare you for an exhilarating and life changing adventure](#).

Before you even leave your country make sure you have the adequate documentation:

Passport- a crucial bit of kit as you neither be able to leave or enter another country with one.

Travel Insurance - Not essential but in your best interests, you never know what may lurk around the corner and for around Â£10 are you really going to risk it? An excellent deal when you consider an emergency surgical operation abroad may cost you hundreds of thousands.

Please take note that life threatening disease and infections are a massive problem in the African continent.

Diseases such as Malaria - a common disease in Africa which is potentially life threatening, the [Kruger National Park is one of the worlds most popular game reserves because it offers a fantastic array of wildlife and landscapes, the underlying problem is that the area suffers from immense outbreaks of malaria so if youre looking to enquire about South Africa Holidays or have already booked one and doing a little research, be sure to get clued up on the potential risk and how to combat the chances of you catching a disease or infection](#).

Garments and attire Blistering hot sun beats down on the Safari Plains so make sure you dress for the occasion, Suitable attire includes shorts and t shirts preferably made from breathable fabrics such as linen. Pastel greens and greys are the most appropriate as they will enable you to blend into your surroundings also **Copious amounts of sun block and protective head wear** Are crucial when it comes to fighting off the ruthless sun.

Items which are always useful Most people have a personal take on what to take of their holidays, they may choose to pack heavy or light, but these little essentials never fail to come in handy.

Forms of easy baggage to carry your much needed items around the safari parks with you, you may want to hold plentiful helpings of **Water** **auseful first aid kits**- to treat a range of problems and injuries from broken bones and cuts to treat stings and bites, the first aid kit is undoubtedly extremely useful and is more than likely to be used. **Sewing kit, a collection of disposable cameras and photograph Films, a selection of batteries in multiple sizes** always are needed.

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